

School-Based Parenting Programs Initiative

Resource List

| Program | Objectives | Target Population | Duration | Materials | Training* | Contact |
|---|---|--|---------------------------------|--|---|--|
| Common Sense Parenting – Boys Town USA | Encourages children's positive behaviors, discourages negative behaviors, and teaches alternatives to problem behaviors | Consistent research results across SES levels, ethnic/racial groups, and children ages 3 to 16 years of age | 6 – 2 hour group sessions | <i>Common Sense Parenting</i> , Parent's Handbook, and Skill Cards (available in both English and Spanish versions) | REQ – 4 day Training for Parent Trainers Workshop | Timothy F. Johnson, Ph.D. Senior Marketing Manager Girls and Boys Town National Resource and Training Center 14100 Crawford Street Boys Town, NE 68010 (800)-545-5771 nrtcmarketing@girlsandboystown.org |
| Los Ninos Bien Educados | To enable parents to assist their children with the challenges of growing up in the U.S. | Spanish-speaking and Latino-origin parents | 12 three-hour training sessions | Complete Instructor's Kit ; Parent's Handbook; Promotional Flyer's; Instructional Transparencies (All materials available in English and Spanish) | REC | Kirby T. Alvy, Ph.D. Executive Director Center for the Improvement of Child Caring 11331 Ventura Blvd., Suite 103 Studio City, CA 91604-0903 (800) 325-CICC www.ciccparenting.org |
| Parents and Children Videotape Series – The Incredible Years | Improve communication skills with children, improve limit-setting skills by means of nonviolent discipline techniques, improve problem-solving skills, and learn effective methods of anger management | Parents of children aged 2-8 years; parents of oppositional children aged 3-8 years; parents at risk of abuse or neglect | 12-14 weeks | Videotapes, an instructor's manual, and a set of manuals for the participants (Materials sold by age group targeting) | REC - 3 days for parent training | Training and materials: Erica Compton 1411 8 th Ave. W Seattle, WA 98119 (206) 285-7565 incredibleyears@incredibleyears.com www.incredibleyears.com |
| Parents Who Care – AGC | Based on the risk-reduction research of Drs. J. David Hawkins & Richard F. Catalano. Improve family discipline practices, family supervision skills, family bonding, and family attitudes favorable to anti-social behavior | Grades 6 – 12 | 7 Sessions | Facilitator's Manual complete with the video and workbook, activities, Blackline Masters, and discussion questions; 10 additional video/workbook parent modules for home use; 1 complete set recommended per school site | REC | Janet Raymond Account Manager Chenning-Bete Company One Community Place South Deerfield, MA 01373 (800)-477-4776 www.channing-bete.com custsvcs@channing-bete.com |

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| Families That Care-Guiding Good Choices (formerly "Preparing for the Drug Free Years" – DRP) | Strengthen family bonding to reduce the risk of adolescent substance abuse; improvement in general child management skills; increases in parent-child affective quality; higher rates of mother's self-efficacy | At-risk youth ages 12 – 16; successfully implemented with families of middle school children who resided in rural economically stressed neighborhoods | Available in both a 5-session and a 10-session format | A set of 5 videos; 106-page <i>Workshop Leaders Guide</i> ; 140-page <i>Family Activity Book</i> ; 52-page <i>Guide for Adapting PDFY for Diverse Communities</i> ; Transparencies and Activity Masters; and a carrying case. | REC – 3-day workshop | Janet Raymond Account Manager Chenning-Bete Company One Community Place South Deerfield, MA 01373 (800)-477-4776 www.channing-bete.com custsvcs@channing-bete.com |
| Raising a Thinking Child: I Can Problem Solve (ICPS) Program for Families | The parent intervention is designed to give parents tools to use a problem solving style of communication that gives young children the skills to make good decisions. | Children 4-7 years old and their parents; low income African American families; middle and upper middle income Caucasian families; Children with ADHD | 10 to 12 weekly sessions (a min. of 6 weeks is sufficient to convey the approach | Workbook – <i>Raising A Thinking Child Workbook</i> ; Curricula for schools – <i>I Can Problem Solve (ICPS)</i> | REC – A minimum of ½ day of training is needed, 1 – 2 full days is preferred | Myrna Shure, Ph.D. Drexel University Dept. of Psychology 245 N. 15 th St., MS 626 Philadelphia, PA 19102-1192 (215) 762-7205 mshure@drexel.edu |
| Strengthening Families Program (SFP) | Reduce family environmental risk factors and improve protective factors to increase the resiliency of youth at-risk for substance abuse | At-risk youth ages 6 – 10 | 14 weeks | <i>Strengthening Families Program Manual</i> | REQ – A minimum of 3 days training is necessary | Karol L. Kumpfer, Ph.D. University of Utah, 215 HPER-N Salt Lake City, UT 84112 (801) 581-8498 karol.kumpfer@health.utah.edu www.strengtheningfamiliesprogram.org |
| Strengthening Multi-Ethnic Families and Communities | Reduce drug/alcohol use, teen suicide, juvenile delinquency, gang involvement, child abuse and domestic violence; discussion oriented program | Ethnic and culturally diverse parents of children aged 3-18 years; rural; urban; Caucasian; African Amer.; Asian/Pacific islander; Native Amer.; Russian | 12 – 3 hour sessions | Parent Manuals for each participant | REQ – Intensive 5-day Facilitator Training Workshop | Marilyn L. Steele, Ph.D. Executive Director Parenting Across Cultures 1220 S. Sierra Bonita Avenues Los Angeles, CA 90019 (323) 936-0343 (323) 936-7130 (fax) dr_mls@earthlink.net |